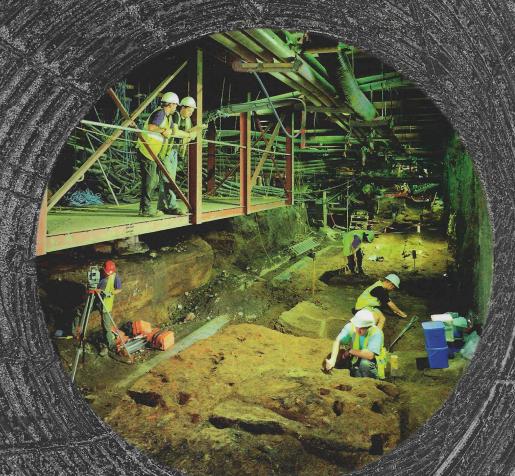
# The BigDig

Archaeology and the Jubilee Line Extension



museum of LONDON

ARCHAEOLOGY SERVICE

Jubilee Line Extension Project



# **Foreword**

#### 2000 Years of Construction

In the past, builders and civil engineers have often had an uneasy relationship with archaeologists. This was for the very sound reason that the unplanned discovery of historically important artefacts on a construction site generally brings work to a halt while archaeologists investigate. Inevitably there are delays and a consequent impact on building costs. I am delighted to report that this was not the case with the Jubilee Line Extension Project.

From the very early planning stages we worked closely with the Museum of London Archaeology Service and we were able to include a phase for archaeological investigation within our Project construction programme. We did so not just to pacify the historians and politicians but because there is a genuine common interest in London's historical and cultural heritage — which London Transport has championed for many years. Such interest is shared by all of us who have worked on the Jubilee Line Extension Project.

In addition to discovering how our ancestors lived, there is also professional interest for the Project staff and contractors in learning how the London of centuries ago was planned and constructed. More than anything, the discoveries made on our sites, and detailed in the following pages, provide tangible links with our past and remind us that in building our new underground railway we are also writing our own page of London's history.

Hugh Doherty,

Project Director, Jubilee

Line Extension Project

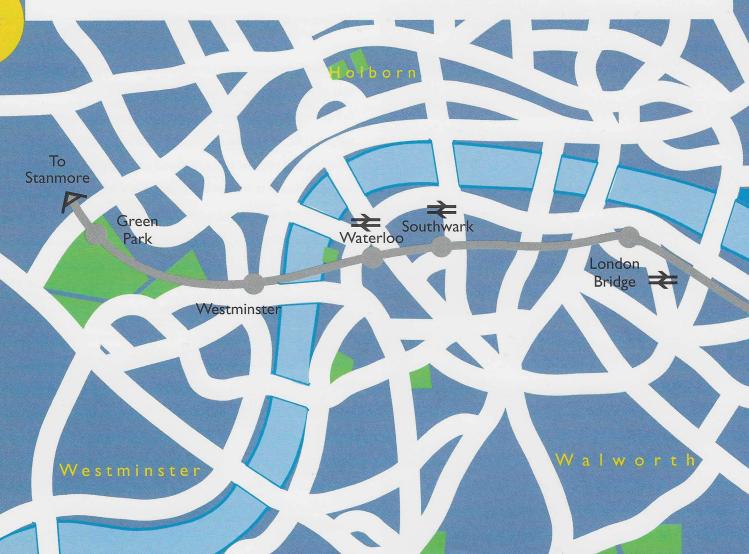


# Introduction

Between 1992 and 1998 the £2.76 billion Jubilee Line Extension Project was the largest civil engineering project in Europe. Running through Westminster and north Southwark, it traverses some of the most archaeologically sensitive areas of London, ending up at Stratford on top of a medieval abbey. The tunnels for the Jubilee line are themselves so deep that they pass well below any archaeological remains. However, since by its nature a tube tunnel lies deep underground and the people who want to use it live on the surface, there has to be a myriad of holes connecting both levels.

The new ticket halls, the sinking of escalator shafts, ventilation shafts, grouting shafts and escape shafts, the diversion of countless services, the construction of new buildings and the underpinning of existing ones all have the potential to uncover an important fragment of the past history of London, whether it is a Neolithic arrowhead from Westminster, a Roman building under London Bridge station or a medieval monks' cemetery at Stratford.

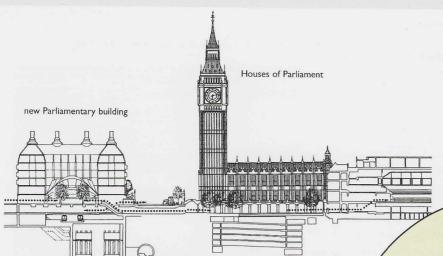
London Underground fully realised the archaeological potential of the Extension and commissioned archaeological investigations wherever groundworks were to take place along the route. The Museum of London Archaeology Service dealt with the stretch of the Extension between Westminster and North Greenwich, and managed the Newham Museum Service and Oxford Archaeological Unit on the remaining part to Stratford between 1992 and 1998. The full results of the excavation programme will be published in due course. In the meantime, this booklet briefly describes the archaeological remains uncovered during the construction of the Jubilee Line Extension.













## Prehistoric periods in Britain

Palaeolithic 450,000-10,000 BC

Homo Sapiens replaces Neanderthal Man. Evidence comes mainly from bones and flint tools

#### Mesolithic 10,000-5000 BC

End of last Ice Age. Britain becomes an island. Small tribes survived by hunting animals and gathering wild plants

#### Neolithic 5000-2000 BC

Farming started and small communities grew up. Stonehenge built.

People buried in Long Barrows

#### Bronze Age 2000-700 BC

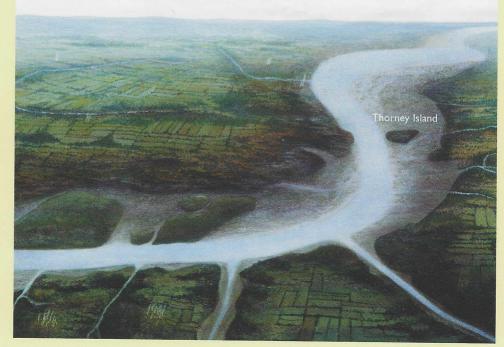
Metal working introduced. Growth of contact with Europe.

People buried in Round Barrows and cremated

#### Iron Age 700 BC-AD 43

Invasions by Celtic people from Europe. Hill forts established

Thorney Island lay between two branches of the River Tyburn which rose in Hampstead and flowed down to join the Thames at Westminster. > The island appears to have been occupied from the very earliest times. A Neolithic leafshaped arrowhead and fragment of polished axe suggest that prehistoric man lived there. Late Bronze Age or Iron Age pottery has also been found on the site of the new Westminster station, along with evidence for a circular timber building. Similar pottery and flint flakes — the waste material from the making of flint tools - have also been recovered in New Palace Yard and under Parliament Square.



#### Dendrochronological dating

is based on the measurement of tree-ring sequences.

Trees lay down one ring per year, and so the number of rings in a tree represent the number of years a tree has been alive, i.e. a tree cut down in 1997 with 200 rings would have begun life in 1797. The pattern of rings is affected by climate and growing conditions, and it is possible to construct chronologies for different regions based on trees which have been cut down, old buildings and finally ancient timbers by cross-matching the beginning and end of sequences. Timbers which are found on archaeological sites have their ring-sequences measured and then matched against the established chronologies. If the patterns match, then the date the tree was cut down may be obtained.

If the bark is still on the timber, it is even possible to work out

the bark is still on the timber, it is even possible to work out which season the tree was cut down in. This is by far the most accurate form of dating used in archaeology, and has contributed to the investigations of the Jubilee

Line Extension Project

Seeds of horned pondweed would have been abundant on Thorney Island It has long been known that sea levels have been rising intermittently since the end of the last Ice Age, about

10,000 years ago. Over the last 6000 years this rise in sea level has been reflected in a substantial rise in the level of the River Thames. This can be seen at Westminster, where land that was once dry is now covered by thick layers of sand and silt washed in by the Thames.

Analysis of fluvial deposits — deposits laid down by flowing water, in this case the River Thames — show that during the Bronze Age the woodland cover was removed to make room for settlement and farming. Marginal areas by the water's edge were covered with aquatic plants.

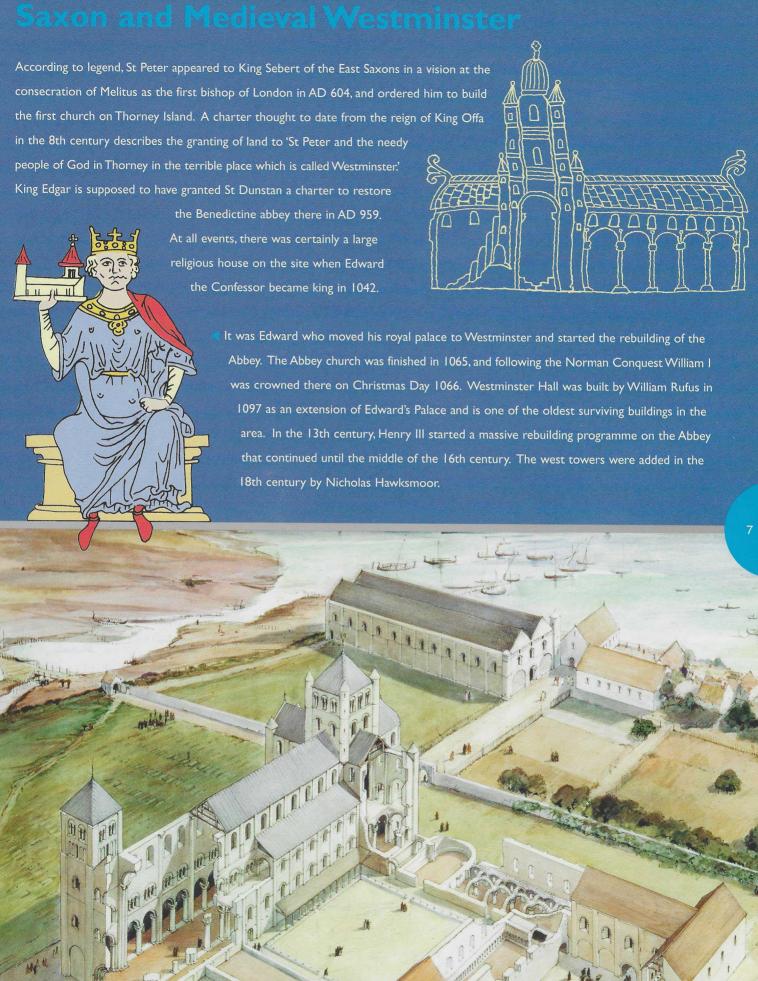


Fragments of Roman building material were found during work in Parliament Square and show that the Romans came to Westminster as well. Pieces of opus signinum — a type of cement floor used by the Romans — have been recovered, as have Roman bricks and tiles. Similar materials were found underneath the Abbey in the 19th and early 20th centuries, suggesting that substantial Roman buildings may have stood on the Island. Indeed, these building materials were often reused in the construction of later buildings, including both the Palace and Abbey at Westminster.

By the late Saxon period, about AD 1000, most of Thorney Island was regularly flooded and it may only have been the highest ground — the site of Westminster Abbey — that remained dry throughout. The timber and stone river walls were built not only for the purpose of reclaiming land from the river but also as a protection against the Thames.



A reconstruction of Westminster in the late 11th century



The Abbey is situated on the highest ground on Thorney Island and its precincts originally extended under most of what is now Parliament Square. The precincts were entered by two main gates, one from Tothill Street in front of the western end of the Abbey and one from King Street which now lies under Parliament Square. King Street survived until the mid 19th century when government buildings were constructed on its site on the west side of Parliament Street, which itself was not laid out until the mid 18th century. Within the Abbey precincts lay a bell tower and a number of other buildings including houses for merchants attending the annual October fair. Part of one such house, found under the Square, had painted plaster walls and was entered by a door in the south wall. It was radically altered in the 14th century when partitions were constructed and hearths laid.



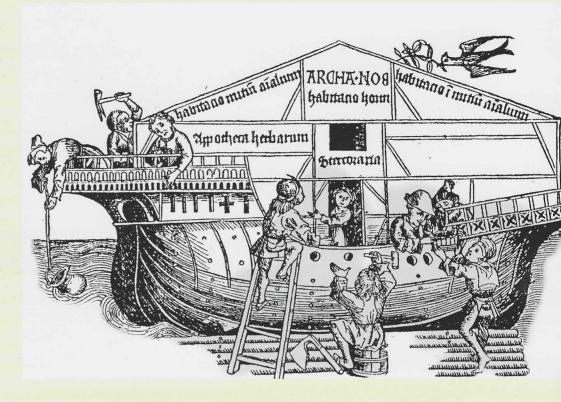


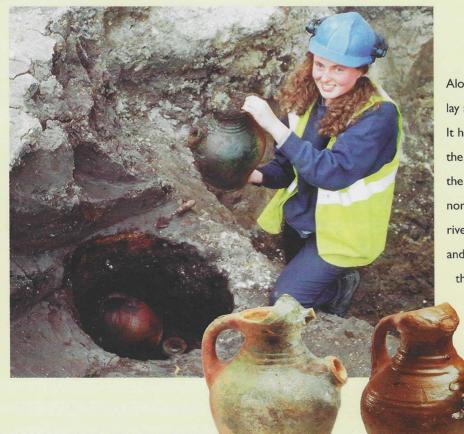
To the east of the Abbey lay the Palace of Westminster. This was divided into three yards: Old Palace Yard lay at the south end and contained the Royal Apartments; A New Palace Yard lay to the north of Westminster Hall, and the Green Yard lay between the two and adjacent to Westminster Hall.

Each courtyard was entered by its own gate and there were water gates leading to jetties built out into the Thames. Parts of two of these gates have been found. The outer gate of New Palace Yard was built in 1287–9 and rebuilt in 1397–9.

The corner of the earlier gate was found next to a stone building of similar date and featured a timber-lined cesspit containing some wooden plates. Some of the timbers were found to have been reused from a type of ship known as a 'cog'.

The cesspit was filled in during the I4th century and a series of clay and stone floors laid over it. To the south of the building lay the yard surfaces of New Palace Yard. The stone boundary wall between New Palace Yard and the Green Yard was found in the south-eastern corner of Parliament Square. To its south lay a building with a stone floor. Excavations in a tunnel under St Margaret Street located the base of the gatehouse into the Green Yard, built in I244–5 and laid on a raft of timber piles.





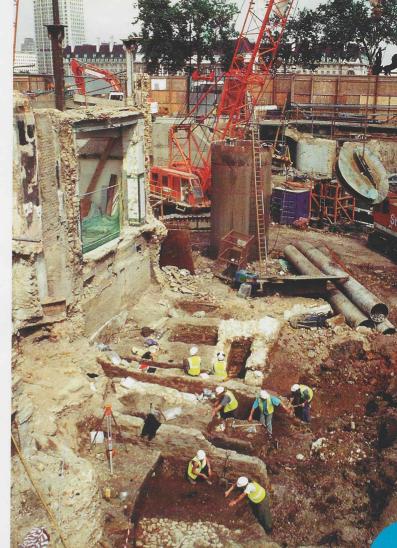
Along the north side of modern-day Bridge Street lay an east—west 12th-century quay at least 15m long. It had a timber floor and a stone wall fronting onto the Thames. This was probably the principal quay of the Palace until the 13th century when the land to its north was reclaimed. By the 14th century a new river wall was built still further out into the river, and additional land was reclaimed. It was on this land that the houses of the canons of the chapel of St

river and backed onto the street named after them — Canon Row. Pits full of domestic rubbish were found in the back gardens of these houses,

Stephen were built. These fronted onto the

and a well contained two complete
ceramic watering cans of the second half of
the 16th century.

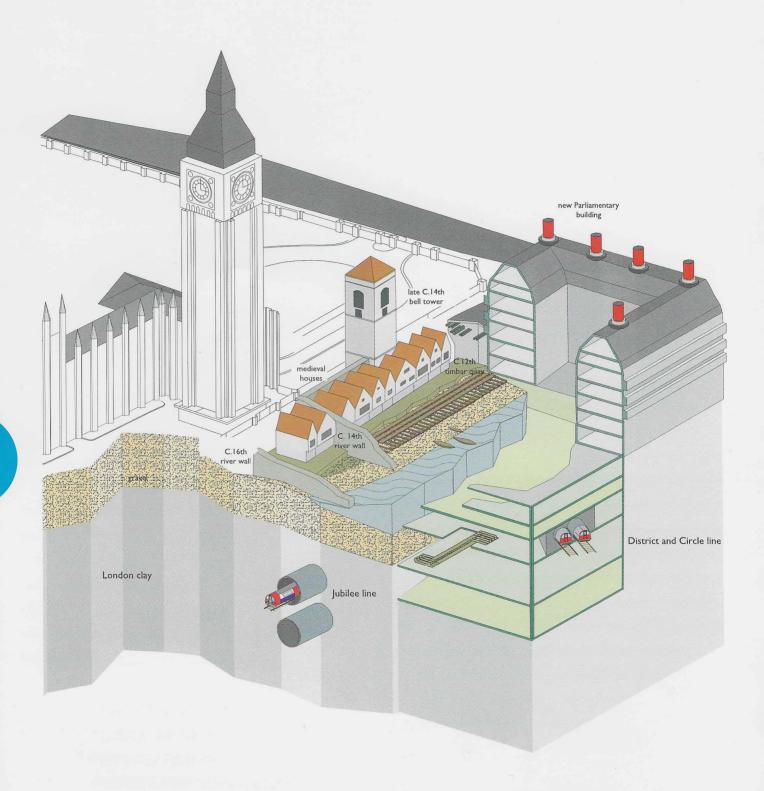
One of the houses was found to contain a large vaulted chalk drain which flowed out into the river. Under Bridge Street itself lay houses associated with the Woolstaple or wool market founded by Edward III in 1353, and substantial foundations running back from the river wall may have formed part of them or their replacements. The garden of one house contained a chalk well, vand behind a chalk wall at the back ran a ditch which presumably drained into the Thames. The market itself lay in a courtyard which now lies beneath Parliament Street.



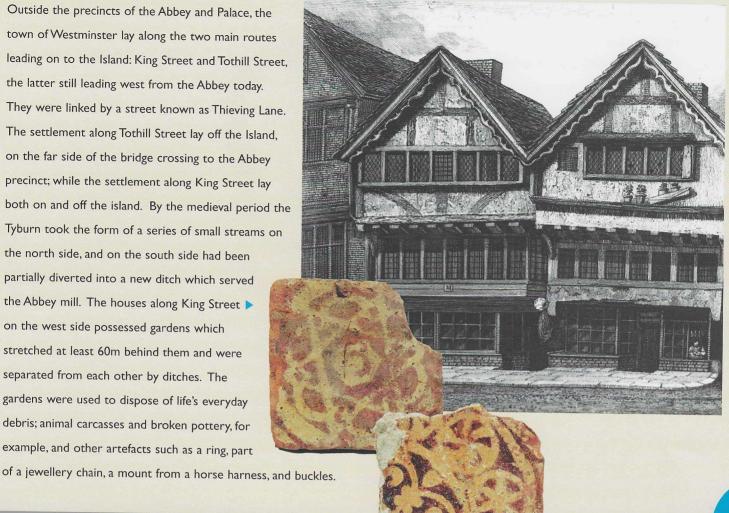


During the 11th and 12th centuries efforts were made to drain the marshy ground which had resulted from the flooding of the Island. Drainage ditches were dug across Parliament Square and the Thames foreshore, one of them revetted with timber posts and planks. A series of posts was set into the bed of the stream or ditch and may represent the foundations of a bridge leading into the Palace precincts. Radiocarbon dating of the timber suggests that it dates from between the middle of the 10th century and the end of the 11th century.

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Outside the precincts of the Abbey and Palace, the town of Westminster lay along the two main routes leading on to the Island: King Street and Tothill Street, the latter still leading west from the Abbey today. They were linked by a street known as Thieving Lane. The settlement along Tothill Street lay off the Island, on the far side of the bridge crossing to the Abbey precinct; while the settlement along King Street lay both on and off the island. By the medieval period the Tyburn took the form of a series of small streams on the north side, and on the south side had been partially diverted into a new ditch which served the Abbey mill. The houses along King Street on the west side possessed gardens which stretched at least 60m behind them and were separated from each other by ditches. The gardens were used to dispose of life's everyday debris; animal carcasses and broken pottery, for example, and other artefacts such as a ring, part

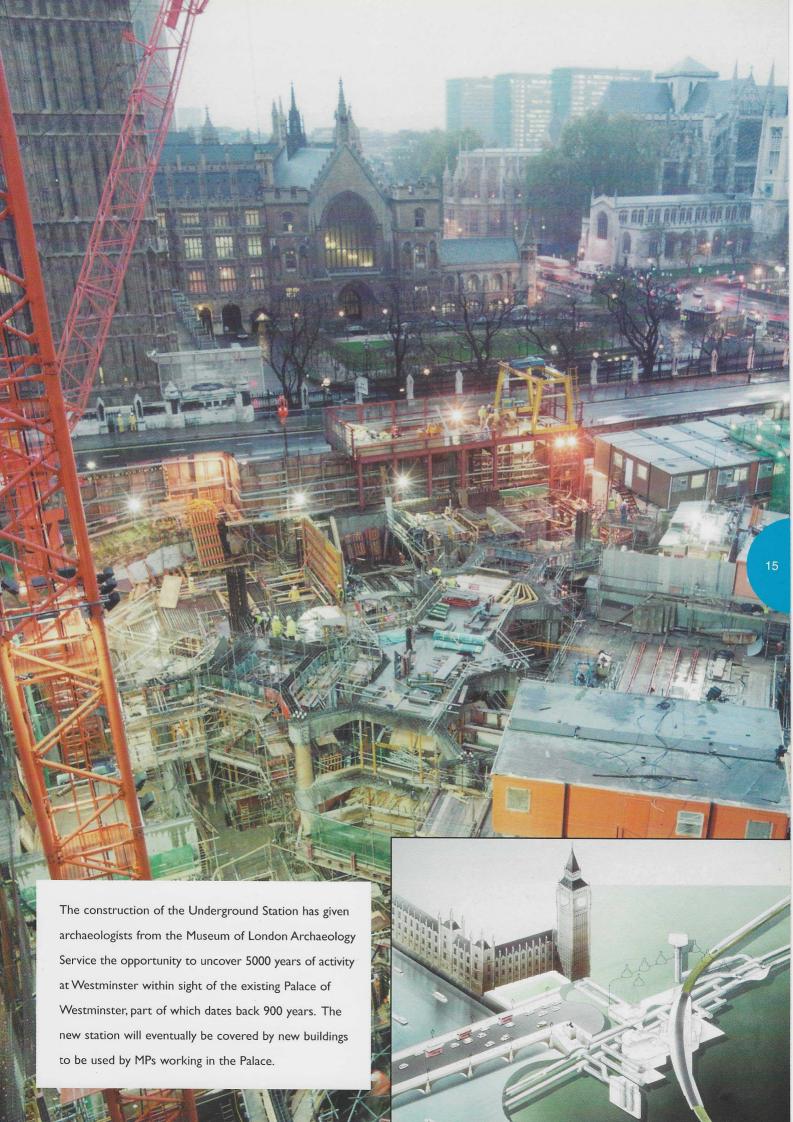


In 1512 a fire destroyed many of the lesser buildings at the Palace and left many of the royal apartments damaged. As a result, Henry VIII moved his residence to Whitehall Palace immediately to the north of the Island, and the Palace ceased to be a royal residence. After the dissolution of St Stephen's Chapel in 1547, Parliament resided permanently at the Palace. The Lords had already been meeting there for 300 years and the Commons had met there intermittently, sometimes holding their debates in the Chapter House of the Abbey.





Augustus Pugin.









How Southwark looked before the Romans invaded

measurement of organic carbon found in ancient material recovered from archaeological sites. Several forms of carbon are present in living tissue and one of these, radiocarbon (or C14) decays at a known rate when the organism dies, whereas the other forms do not decay. Therefore by measuring the amount of C14, it is possible to establish when the organism died. Normally the date is obtained within a range to account for a margin of error. This can then be used to date archaeological strata and objects. Although it is not as accurate as dendrochronology, it is extremely useful for the prehistoric period when relatively

few timbers are recovered.

Radiocarbon Dating is based on the

In prehistoric times, the natural ground level in the north Southwark area lay nearly ten metres (over thirty feet) below the level of the existing station concourse. The south bank of the Thames then comprised a series of low sand islands surrounded by braided channels and marshes. Whilst there is some evidence of limited prehistoric activity in the area, it was the Romans who first settled on these sand islands and it is the nearly two thousand years of continuous occupation since then that has raised the ground to its modern level.

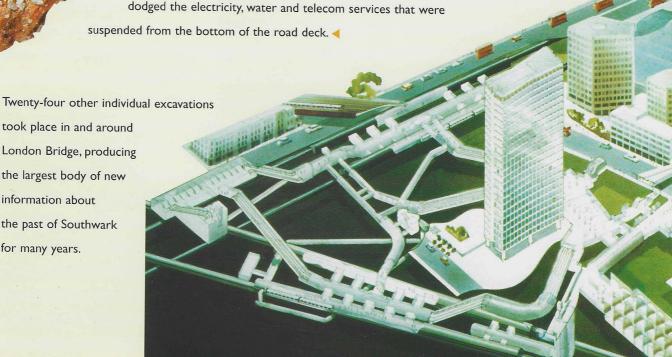
Fragment of Neolithic pottery dating to 4500 BC

> The largest excavation took place on the site of the new Northern line ticket hall. This is located directly beneath Borough High Street itself. Since the road could not be closed for the three-year construction programme, an artificial road deck was put in place at Easter 1995. The archaeological watching brief and excavation took place between then and November 1995 with the

dodged the electricity, water and telecom services that were

traffic rumbling overhead, whilst underneath the archaeologists

took place in and around London Bridge, producing the largest body of new information about the past of Southwark for many years.



# **Origins of Roman London**

The generally accepted view is that Londinium was not founded in AD 43, the date of the invasion by the emperor Claudius, but in about AD 50. The extensive remains of clay-and-timber and masonry buildings dating to the period before AD 60 uncovered in the Jubilee Line Extension excavations will help to establish the precise origins and role of what has long been regarded as the poor relation of the main city north of the river.

Certainly by AD 60 Southwark
was a bustling settlement, and
the Borough High Street
excavation revealed houses made of

timber and clay lining the main road that ran up to the first London Bridge. One of these houses may have been a blacksmith's workshop, judging from the hammerscale — the tiny waste metal fragments produced by beating hot metal

- found there.

# Important dates for early Roman Britain

55 BC Julius Caesar's first expedition54 BC Julius Caesar's second expedition

AD 43 Invasion by the Emperor Claudius

c AD 50 Foundation of Londinium

AD 143

AD 60/61 Boudican Revolt destroys Londinium

AD 122 Emperor Hadrian visits Britain.

Building of Hadrian's Wall started Empire reaches its furthest limit with

construction of Antonine Wall in Scotland

AD 208-211 Emperor Septimius Severus bases Imperial

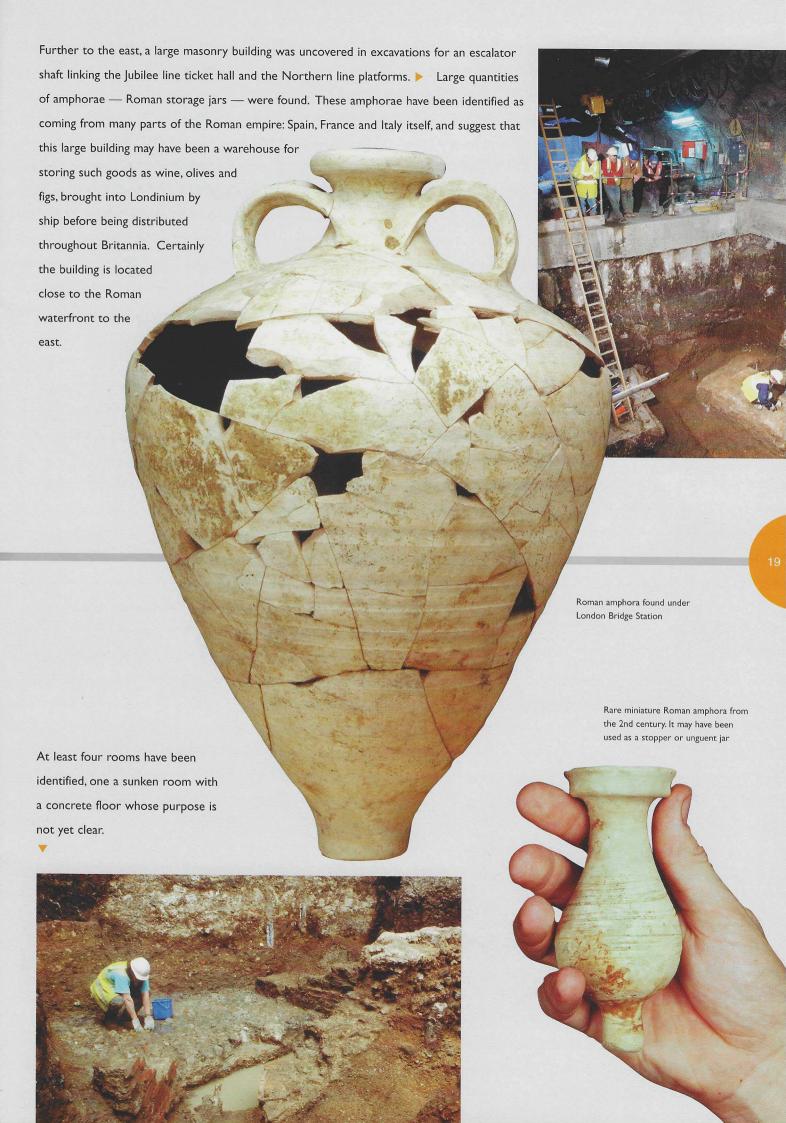
Court in Britain

AD 211 Emperor Septimius Severus dies in

Eboracum (York)

There was already a street pattern emerging: two side roads running off the main road have been recorded, one with ruts made by carts and other vehicles (chariots?) still visible in it.





# The Boudican rebellion

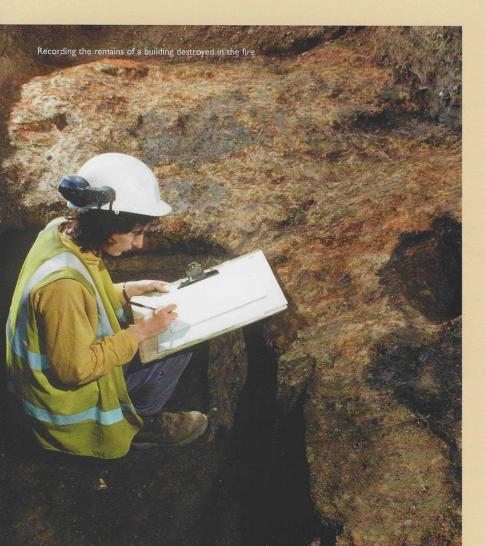
One of the most significant events in the early history of Londinium was its razing to the ground in AD 61 by Queen Boudica of the Iceni tribe, who were settled in East Anglia. After the death of King Prasutagus, who had become a client-king within the empire, the Roman provincial procurator, Decianus Catus, allowed the ancestral lands of the Iceni to be seized and his officials treated the royal family with ill-disguised rudeness and hostility. Prasutagus' widow, Boudica, objected to this treatment whereupon she was flogged and her daughters raped. Unsurprisingly this caused the Iceni to rise up in revolt and they were joined by the Trinovantes, the neighbouring tribe to the south.



After sacking Camulodunum (Colchester), Boudica marched on Londinium which was abandoned to its fate by the governor, Suetonius, in order to protect the rest of the province. The historian Tacitus described what happened:

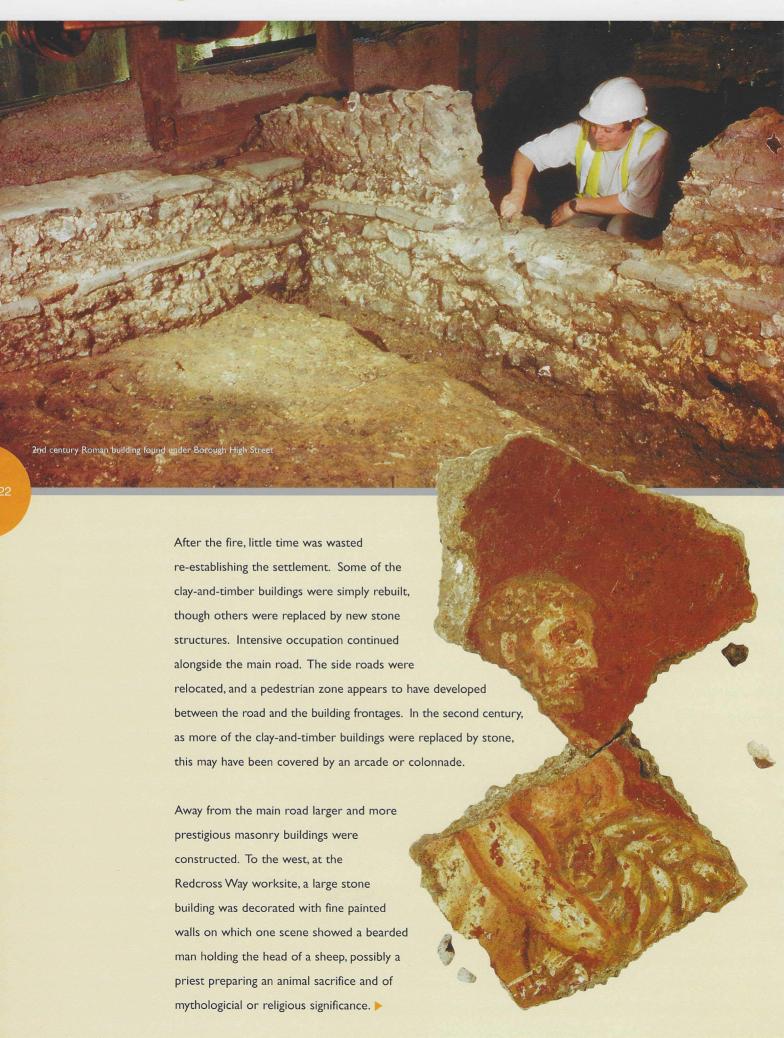
'Undeflected by the prayers and tears of those who begged for his help, he [Suetonius] gave the signal to move, and took into his column any who could join it Those who were unfit for war because of their sex, or too aged to go, or too fond of the place to abandon it, were butchered by the enemy... The Britons took no prisoners, sold no captives as slaves, and went in for none of the usual trading of war. They wasted no time in getting down to the bloody business of hanging, burning and crucifying.'

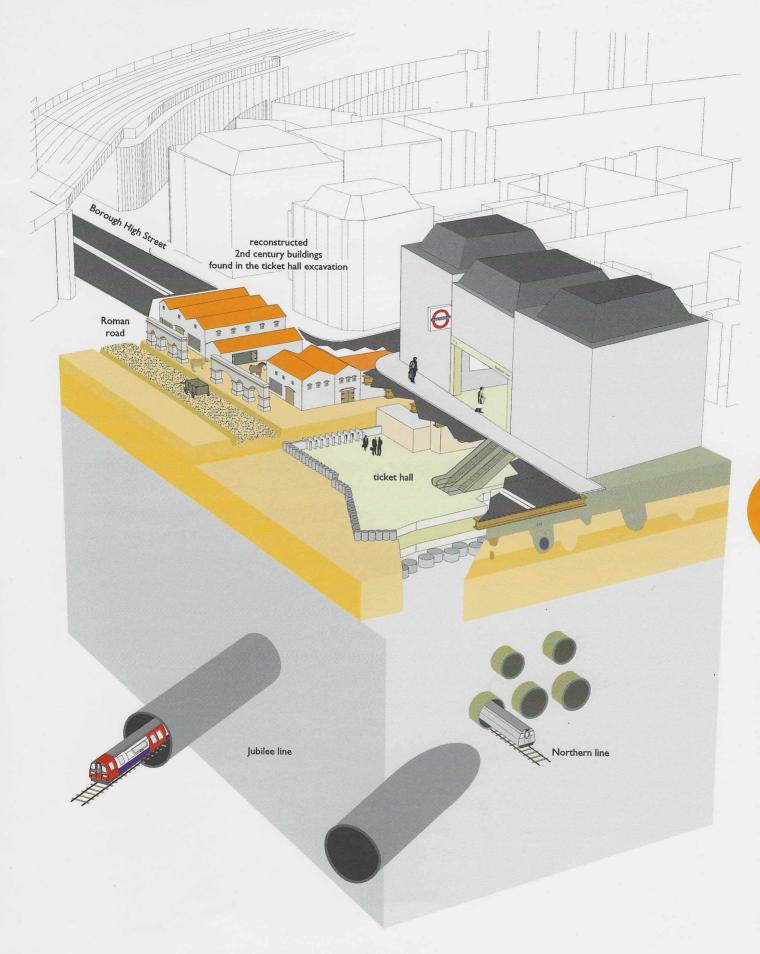


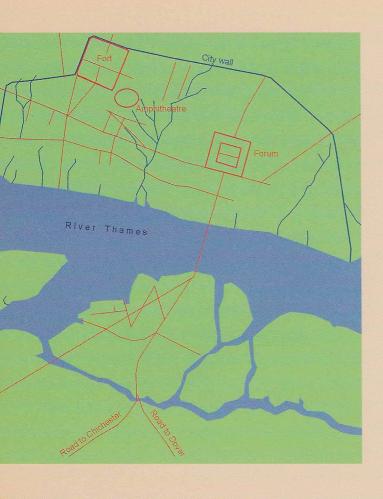


Tacitus estimated that 70,000 people died in Londinium, Camulodunum and Verulamium (St Albans) before the revolt was crushed and Boudica poisoned herself. Evidence of the revolt has long been known from the city north of the river but only inconclusive hints that the rebels crossed the river to Southwark had come to light before the Borough High Street excavation. Here, the earliest Roman buildings along the whole length of the site — some 60m — were sealed by a layer of fire debris indicating that a massive conflagration had swept along the Roman street. This layer has been dated at no earlier than AD 60 and no later than AD 70. While it is possible that there was another major fire in Southwark at the same time as the uprising of the Iceni, it is hard to avoid the obvious conclusion that Boudica was the responsible party.

# **Rebuilding Roman Southwark**



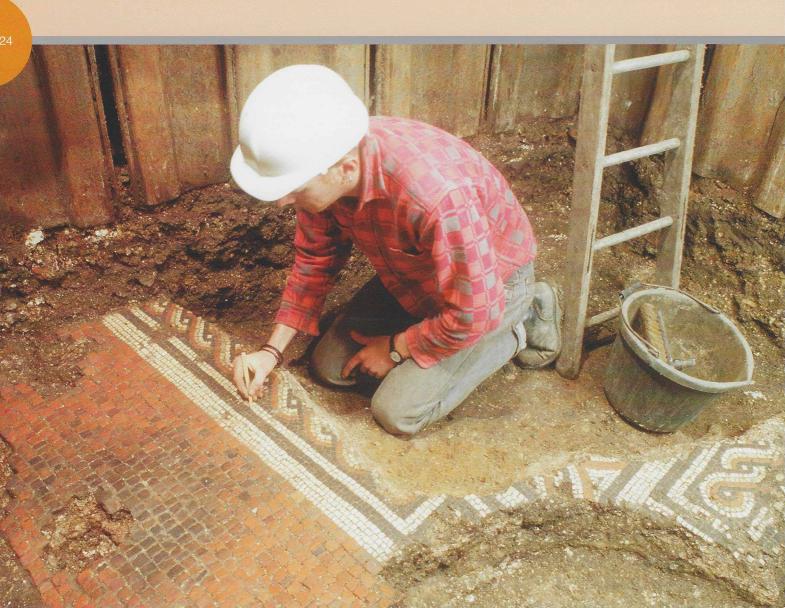




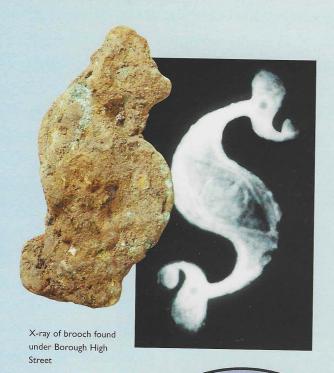
To the east, a mosaic floor uncovered underneath the railway arches would have formed part of the home of a patrician family, or an important public building.

The possible warehouse building was replaced by more mundane clay-and-timber buildings, albeit ones with painted walls, perhaps suggesting that the focus of port activity had moved north of the river where new stone warehouses were built at the same time, in the later first century AD.

■ By the end of the 2nd century, Roman Southwark occupied an area of at least 45 acres and probably had a population of at least three thousand. The settlement occupied the two main sand islands in the area and stretched as far south as the present Borough underground station. This is close to where Watling Street and Stane Street met and formed the single thoroughfare that ran along the line of Borough High Street to the Roman London Bridge. These were the two main Roman roads from the south coast, from Dubris (Dover) and from Noviomagus Regnorum (Chichester).



# **Everyday life in Roman Southwark**



The Jubilee line excavations have produced a wealth of information and artefacts that tell us about how the Romans lived. Crossing the Thames from the north, a traveller would have come across a bustling high street with shops lining the road.

Tiny droplets of metal indicate where a blacksmith had been shoeing horses and making metal objects for sale in his forge.

Hundreds of tiny charred grains of wheat fallen between the wooden floorboards of a house show where a baker had worked.

Large pits full of unwanted bone point to the presence of a butchers shop.

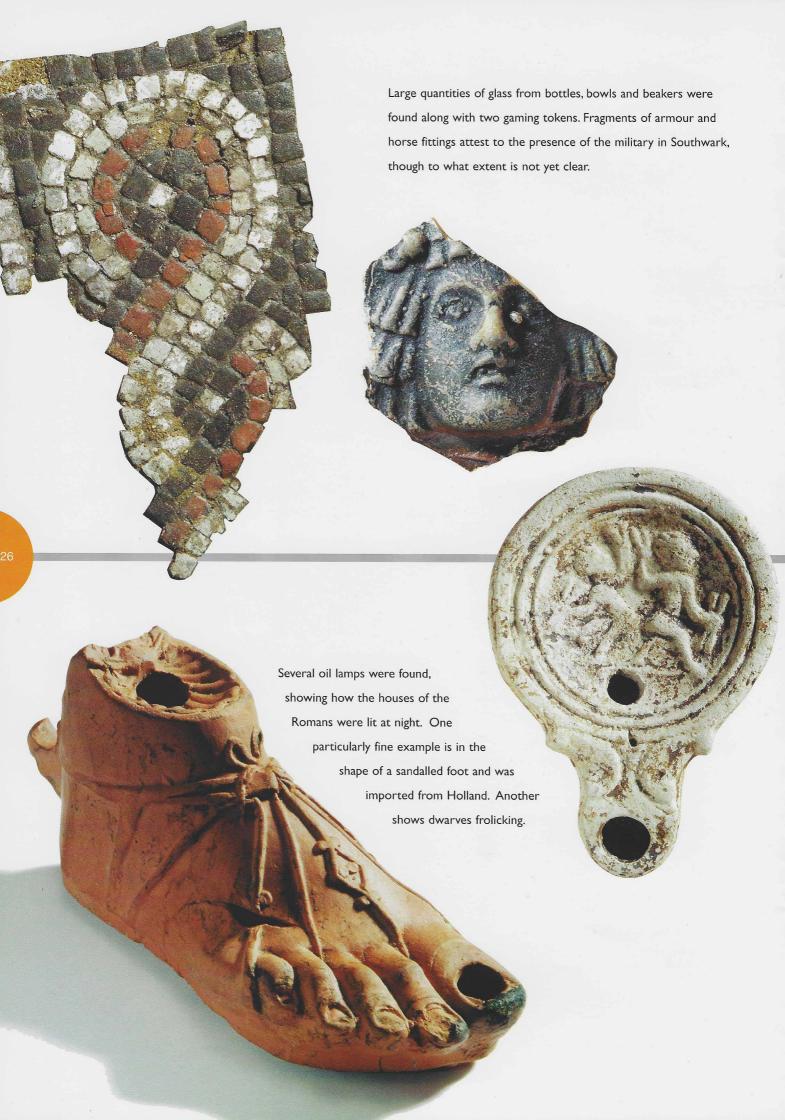
A series of masonry pier bases represent the foundations for a fine stone arcade under which shoppers would have strolled.

## Borough High Street Bakers

One building along the line of the road produced several large assemblages of charred cereal grain, with a small quantity of chaff and weed seeds. Large quantities are unusual, and suggest that large amounts of grain were being stored in this building before it burnt down. The cereals involved were wheat and barley. A quern stone was also found, and it seems possible that the grain was stored for use in the building, and it may have been a baker's shop. Alternatively, the grain could have been processed here before being sold as clean grain or flour.







Many fragments of brooches, worn by both men and women, were found as well as several bone hairpins. Two beads from a necklace were also recovered, as well as this bone handle for a knife.



Stamp of Mercator, a 2nd century potter from Gaul



The pottery that has been found will show what the citizens ate off, drank from and cooked in, and sometimes it will even be possible to say who made the dishes as the Roman potters often stamped a maker's mark on their wares.

A small bone box was probably used for cosmetics or ointment.

Large numbers of Roman coins were recovered from the sites on the Jubilee Line Extension.

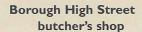




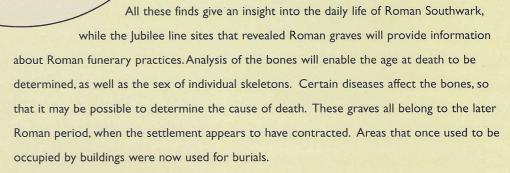


Large quantities of animal bone were found which will yield information on what the Roman diet was like. It appears that cattle, sheep and pigs were the most common sources of meat, though one building produced deer bones which were a rarity and an indication of high status. The seeds of the plants that have been recovered will also tell us a

lot — wheat was plentiful and barley was also present.



A very large quantity of animal bones was recovered from a sequence of 1st to 4th-century buildings and structures. The evidence suggests a possible use for one of these buildings. Concentrated amounts of cattle bones were found in dump deposits situated both within and adjacent to this structure. In one of these dumps the cattle bones were almost entirely composed of skull and lower limb parts, while in each of the remaining dumps the assemblages are composed of heavily butchered upper limb fragments. Thus there is clear evidence for the major division of the carcass into the meat-rich and meat-poor parts, as well as consistent evidence for the efficient removal of meat (mainly using the cleaver) from the meat-rich parts. From this evidence it can be assumed that this building was very likely a butcher's shop, where animals were (probably) killed and jointed, and the meat sold.

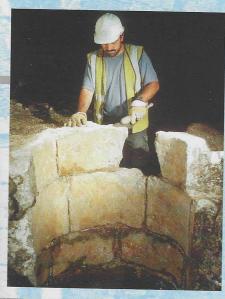




# St Thomas's Hospital

London Bridge station occupies the site of the old St Thomas's Hospital, which was demolished in the 1850s to make way for the railway, except for the south range which is now occupied by the Post Office. The hospital moved to its current location on the south bank opposite the Houses of Parliament. The original hospital was founded in the 1170s as part of the priory of St Mary Overy, whose church was the predecessor of Southwark cathedral. The hospital moved to the east side of Borough High Street after a fire in the 13th century.

Unfortunately, most of the old hospital remains were destroyed in the 1850s, but the Jubilee line excavations at London Bridge station have revealed some information about both the hospital and other medieval and later buildings that surrounded it. A fine 17th-century stone well very found in the Borough High Street excavation may have stood in front of the main gates of the hospital, and was perhaps provided for the public. Underpinning works on London Bridge Street revealed a medieval masonry wall and post-medieval brick walls and floors that were certainly part of the hospital complex but still need further analysis to determine their function within the hospital precinct.



St Thomas's Hospital courtyard in 1840



Several post-medieval skeletons from a ventilation shaft just off Joiner Street may have been part of a cemetery attached to the hospital for those patients who did not recover.

Nearer Tooley Street remains have been found of what was probably the London town house of the Prior of Lewes in Sussex. Many senior clergymen and religious houses owned imposing properties in London as bases for the politicking that was as much a part of the medieval church as religion. William fitzStephen, writing in the 12th century, noted that:

'Almost all bishops, abbots and magnates of England had lordly habitations whither they repair and wherein they make lavish outlay, when summoned to the City . . . to councils and great assemblies'

When the railway was built a fine vaulted stone undercroft was revealed very close to these remains and would have been part of the same town house.

## **Alehouses and Taverns**

East of Joiner Street foundations were recorded of what may have been the Crown Brewhouse, one of the many taverns for which Southwark was famous. Borough High Street was described in the seventeenth century as 'a continued ale house with not a shop to be seen.' On London Bridge Street the stableyard of the Swan with Two Necks Inn was uncovered.



Southwark's popularity stemmed from its position on the south side of London Bridge, so that those arriving at London late at night, or wishing to leave early in the morning, could do so when the main gates of the City north of the river were shut.



Early 15th-century
Canterbury souvenir badge

Inn – a place to lodge
travellers and their horses

Tavern – a drinking house that sold wine

Alehouse – a small drinking house that sold
ale and beer but not wine

Brewhouse – a large establishment that
brewed its own beer

Victuallers – cross between a butcher

and grocer **Tippler** – a person who ran
an alehouse

The excavations on Borough High Street
revealed the foundations and brick cellars of a
series of these premises including the Bull Tavern, the
Peacock, which was owned in 1329 by Ralph le Brewer, and the Ostrich Feather.
Chaucer's famous Tabard Inn, from which the Pilgrims set out for Canterbury, lay further to the south along the High Street.



Records do indicate other occupations along
Borough High Street, though one tenement
whose foundations were uncovered was owned
in 1555 by Alexander Gray, a girdler and doublet
maker. Among his lodgers that year were the
Widow Knyghtlye, a bakeress, and 'Mother'

Bowtye, a tippler.



View towards London Bridge in the 19th century

# St Saviours Burial Ground, Redcross Way

The Jubilee Line Extension worksite at Redcross Way was located above a large post-medieval cemetery. The MoLAS excavation concentrated on an area where an electricity sub-station was to be located to supply power for the new line. One hundred and sixty skeletons were removed from the burial ground and are currently being studied prior to re-burial. A few of the burials were still clothed and the coffins usually survived as well. Study of these skeletons will provide invaluable information about the poorer part of

Southwark's population in the 19th century.

The exact date for the first interment in the burial ground is uncertain, but the early to middle 17th century seems probable. The site appears not to have been consecrated. One alleged reason for this is that the land was held leasehold from the bishop of Winchester and by custom only freehold land could be consecrated. Another was put forward in *The Annals of St Mary Overy*: 'The women inhabiting these houses are said not to have been allowed Christian burial unless reconciled to the church before their death and there is an unconsecrated burial ground known as the Cross Bones at the corner of Redcross Street, formerly called the Single Woman's burial ground, which is said to have been used for this purpose.'



These women were the prostitutes who lived in the 'stews' (brothels) of Bankside, and for that reason the graveyard was allegedly placed far from the parish church itself. However there is no evidence that this was a graveyard either solely, or even at all, for prostitutes, but it was certainly used for the burial of paupers and rapidly became 'crowded to excess'. In 1791 St Saviour's wished to move its charity school to the site from Montague Close, near to the Cathedral, but the proposal provoked controversy on the grounds that the works would disturb the graves of relatives and friends of local people. On further investigation it was also discovered that the ground was never consecrated.



Walker in his 1839 Gatherings from Graveyards states that 'The poor ground, called "Cross Bones", in Red Cross Street, Union Street, Borough, also belongs to this parish. The greater portion of this ground has not been opened for some time past, in consequence of its very crowded state; the remaining part, however, is still used for interments, many of the poor Irish are buried in it. Two charity schools, one for boys and the other for girls, are built at the west end, in Union Street, the back parts of which run into this ground.'

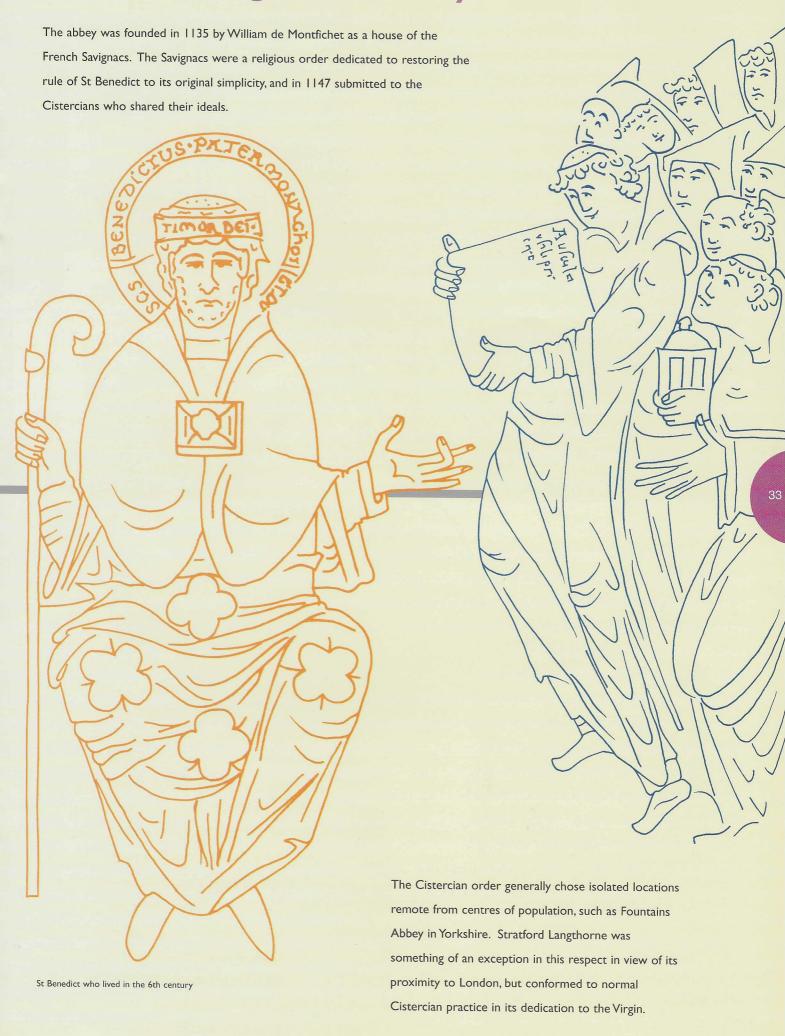
The burial ground was closed by an order in council in 1853 and passed out of ecclesiastical control in 1862.

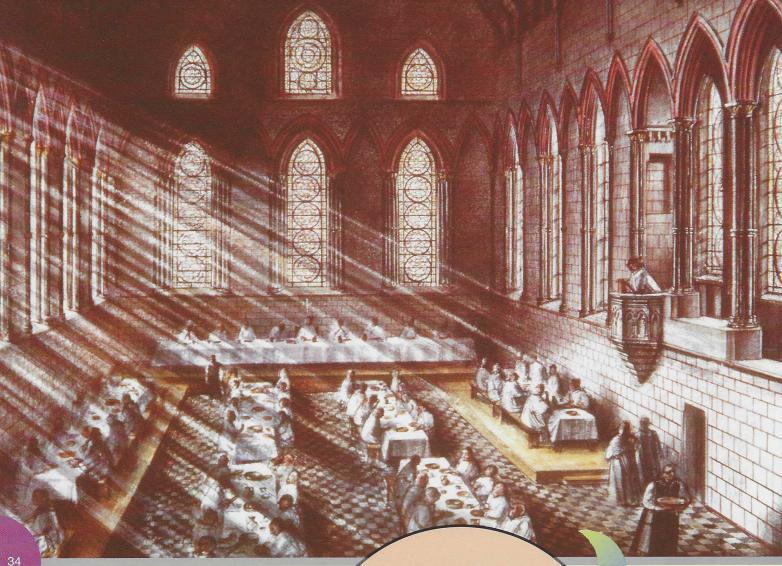
# **Stratford**

The Jubilee Line Extension will end at the new Stratford station and a depot for the trains is located nearby. Excavations on these works were carried out by both the Newham Museum Service and the Oxford Archaeological Unit between 1991 and 1994.

The topography of Stratford comprised low gravel islands surrounded by marsh. It lay on the route of the main Roman road running east from London to Chelmsford and Colchester. The excavations revealed evidence of prehistoric activity on the site, most notably an Iron Age settlement, including two horse burials which may be evidence of sacrificial rites. The remains of a Roman farm were also found, presumably located close to the main road, though no trace of that was discovered. Stratford itself is not recorded until the second half of the 11th century, after the Norman Conquest, and gained in importance in the following century after Queen Matilda built one bridge over the River Lea at Bow, and another over its tributary the Channelsea at Stratford. She also raised the road above the marshes on a causeway along what is now Stratford High Street. However it was the founding of the great Cistercian abbey of St Mary Stratford Langthorne that put Stratford on the map.

# Stratford Langthorne Abbey





The rule of St Benedict divided the day into eight offices, or services; matins, which took place at night and the other seven, lauds, prime, terce, sext, none, vespers and compline, day-time offices. Thus much of the day was spent in the abbey church in formal acts of worship, and on feast days there was little time for anything else. The Cistercians reacted against this formality and ostentatious displays of wealth of the kind seen in richly decorated vestments, and jewel-studded chalices and candlesticks. They amended the daily timetable to allow greater time for study and private prayer so as to enhance the individual's personal spiritual journey through life.

#### The offices of the day

Matins – the night office. Originally 2 am

Lauds – the first of the canonical hours.

Morning prayer

Prime – the first hour of the day. Sunrise

Terce – the third hour of the day. About 9 am

Sext – the sixth hour of the day. About 12 noon

Nones – the ninth hour of the day. About 3pm

**Vespers** – the sixth of the canonical hours.

Evensong

**Compline** – the last of the canonical hours. Bedtime

However the success of this return to simplicity inevitably resulted in the accumulation of great wealth as rich benefactors left large sums of money to the order. Stratford Langthorne became one of the richest houses of the Cistercian order, occupying twenty acres of land that were granted after the conquest of 1066 to Robert Gernon, a Norman knight and grandfather of the abbey's founder, William de Montfichet.

# The monastery at Stratford

The Jubilee Line Extension excavations at Stratford revealed large stretches of the monastic precinct. The east end of the later stone-built abbey church was uncovered. Inside the church was a series of mortar and chalk floors, and occasionally small areas of patterned

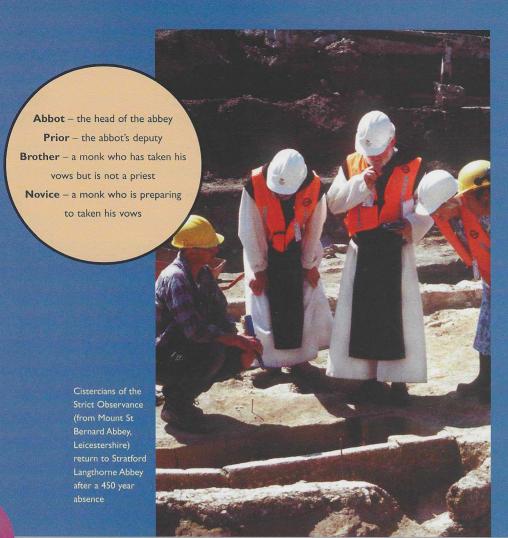
tiled floor survived. Several separate chapels within the church were identified.

However a monastery was not just a church but a community, and the remains of many of the buildings associated with the life of the community were excavated as well. These included the infirmary,



where the monks were treated when sick, and the cloister which consisted of a central open garden surrounded by a covered walkway around which the monks processed. A long stretch of the abbey's great drain was also uncovered.





Inside the church several graves were found. Burial here was an honour usually reserved for important benefactors of the abbey and their families. The burial of a child only about nineteen months old was probably from such a family. Burials were generally simple affairs in wooden coffins, but two were of a particularly high status. The first, located in the north transept, was in a stone coffin (below), and the second consisted of a wooden coffin placed in a stone cyst with iron furniture also deposited in it. Stone coffins in particular were beyond the means of most families. It is known that Humphrey de Bohun, earl of Hereford and Essex, was buried in the abbey in 1336, and in 1392 daily masses were said for William de Tetlyngbury who was buried by the altar of the Holy Cross.

The members of the community themselves were not buried in the church. The abbot and other leading officials would be buried in the chapter house or cloister walk. The other monks had their own cemetery to the east of the church, while a further graveyard was set aside for ordinary lay people who did not qualify for burial in the church.





A total of 683 skeletons were excavated, including many from an area that probably formed part of the monks' graveyard. These discoveries will provide a virtually unrivalled opportunity for studying the inhabitants of the monastery throughout its life. Most of the monks were buried in simple shrouds, though there were a few wooden caskets and two high-status lead coffins. 

Two of the monks were buried with chalices and one with a patten, the small plate used at communion, indicating that they were also priests. Other burials from the lay community's cemetery were also recorded.

## The Dissolution and afterwards

The life of St Mary's Stratford Langthorne as a monastic community ended on 29 March 1538 when it was closed as part of Henry VIII's dissolution of the monasteries. The last abbot was William Huddlestone, elected in 1524. The dissolution was not caused simply by Henry's quarrel with the Pope over his divorce from Katherine of Aragon, but was part of a wider rejection of Catholicism and foreign interference. Moreover, Henry's chief minister, Thomas Cromwell, had his eyes on the great wealth of the monasteries,



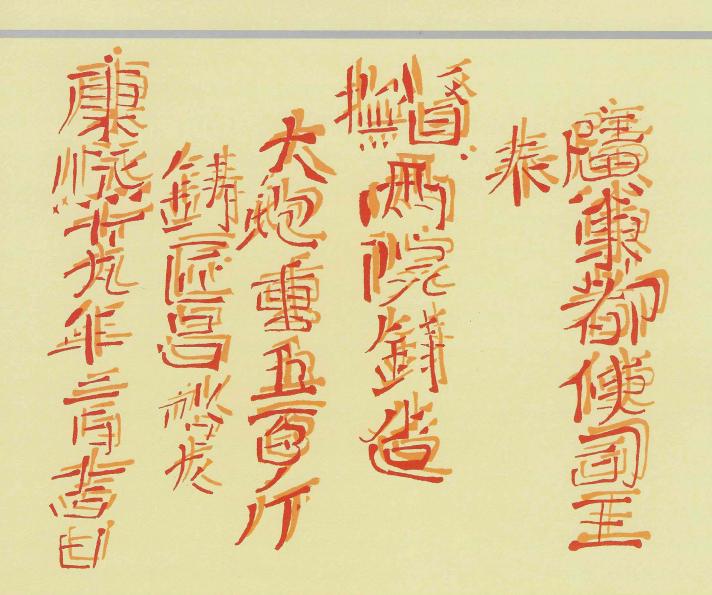
and the poor standards of behaviour of some of them gave him an opportunity to act against them.

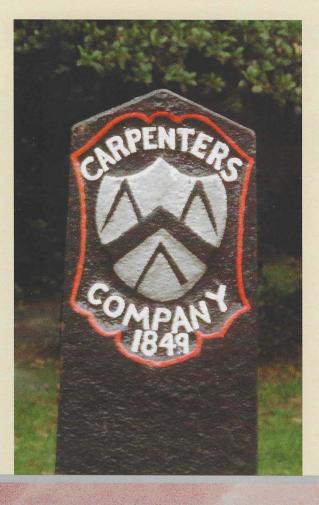
The deed by which the buildings and property of the Abbey were surrendered after 400 years

After the dissolution, the precinet of St Mary's was granted to Philip Mewtas, one of the gentlemen ushers of the privy chamber. Many of the buildings were demolished at the time for their building stone, including a slaughter house, tannery and mills, at well as the principal abboy buildings. A West Ham brewer, Thomas Hollsrook, undersook further extensive robbing of the site in 1784 so that by the 19th century only the Great Grite and the giterhouse survived, and both of these were gone by 1840.

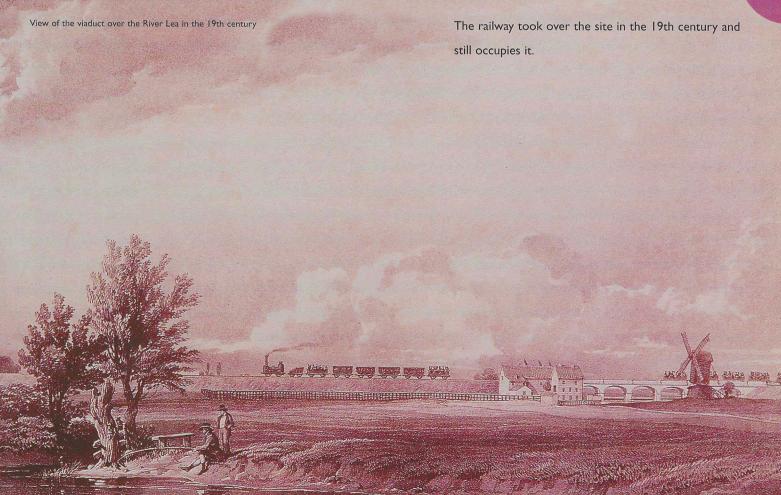


One spectacular find was of a Chinese cannon from the 17th century. How it ended up in Stratford is a mystery. It may have been booty or ship's ballast, or for melting down. The inscription reads: 'The provincial officer of Guangdong, under [the order of] The Governor General and Provincial Governor, cast great cannon, weight 500 jin, [1 jin = 1-1.3 lbs] the caster Lu Qi-you, Kangxi 19th [29th?] year, 2nd month auspicious day.' The emperor Kangxi reigned from 1662 to 1722 so his nineteenth year would be 1680; the twentyninth would be 1690.



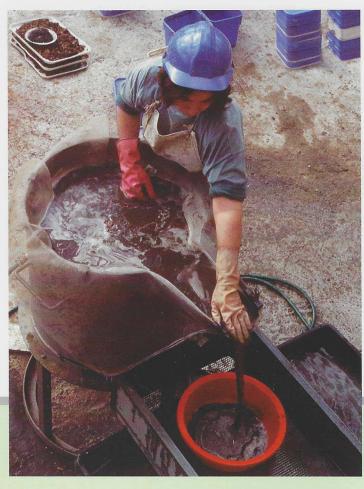


As London expanded, industry was attracted to the Stratford area and the site was used for calico, and later silk, printing. Remains of the West Ham Abbey print works were uncovered in the excavations and included tanks stained with the dye used in the process. The Carpenters' Company also owned land at Stratford; their guild was established around 1271 and its purpose was to control those aspects of the building industry in London in which carpenters were involved, as well as being a religious, social and charitable association. The Company bought 63 acres of land at Stratford in 1769 and regularly added to it over the next century, in the latter part of which it built houses there. During the archaeological investigation at Stratford Station a stone bearing the Company's coat of arms was uncovered, one of four which marked the corners of its estate.

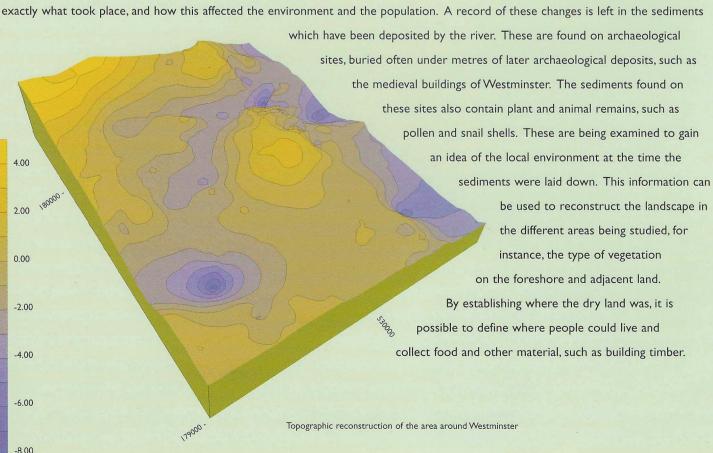


# **Jubilee Line Extension** Palaeoenvironmental Project

The idea behind the Palaeoenvironmental Research Project is to look at the history of the River Thames over the last ten thousand years. Following the end of the last Ice Age, about ten thousand years ago, the glaciers that covered much of northern Europe melted, discharging enormous quantities of water into the rivers and oceans. This had a huge effect on the Thames, which, being tidal, was affected by the sea and the rivers that drain into the upper Thames Valley. Consequently, the people living in the Thames valley since the Mesolithic period were affected by rising water levels and the expansion of the river across the floodplain, as well as an improving climate.



By studying the changes to the river which have taken place along the route of the Jubilee Line Extension, we are establishing

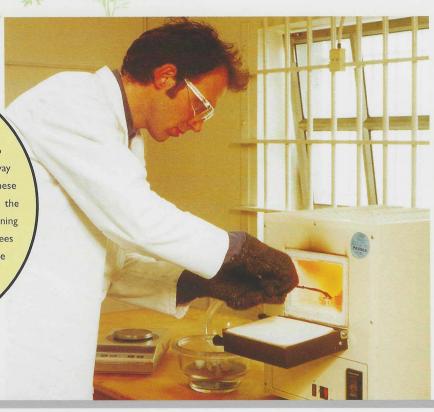




Preliminary work on samples from this period indicates local woodland, probably on the higher ground away from the foreshore, with boggier conditions towards the river. The trees making up the woodlands included oak, elm, ash, hazel and native lime. Several types of wet, river margin environments were represented, with species such as alder and reedmace.

## Sedimentary analysis

A series of techniques has been applied to the monoliths, in order to characterize the way the sediments accumulated on the sites. These include X-raying the samples, distinguishing the size of the grains, i.e. sand and pebbles, and burning the sediment at temperatures of 500 degrees centigrade and higher to establish the proportions of organic content.





A decline in tree species matched by an increase in herbaceous plants suggests that the landscape was gradually cleared. This would have taken place as people made space for settlement and farm land. Currently, this is thought to have taken place in the Bronze Age, c 2000 BC although further dating is needed to refine the picture for London. The woodland was probably cleared, in part at least to create fields for cereal cultivation.

Much of the evidence for this comes

from the area of Southwark

Underground Station, and

Canada Water.

## Pollen analysis

Small samples have been taken from the monoliths throughout each sequence to characterize the vegetation in the local area. The sediment is removed, leaving a solution which contains any pollen grains present. These are then identified at magnifications of 1000 times. The groups of species found in each sample are then used to build up a picture of the environment at known time periods, eg mixed deciduous woodland in the Neolithic period in Southwark. It can also be used to identify human activity which has a broad effect, such as removing the ancient woodland to make more room for agriculture and settlement.

This is practically impossible to detect on

the actual archaeological sites.



## Roman to the medieval period

The sites associated with the Westminster station development are generally later in date than those from Southwark, and will be extremely useful for looking at the historic periods. The sedimentary samples from this series of sites were taken very close to the river, and will be used mainly to look for yidence of tidal influence and sea-level ige. There has been a known rise the sea-level relative to the land since the Roman period, although exactly why is not wholly understood. It is partly a result of continued subsidence of southern Britain, but there are almost certainly other reasons.

The diatom evidence should establish whether sea-level itself was rising, and whether the tide reached Westminster. The pollen indicates that cereal cultivation continued into the historic period in this area,

indeed, the presence of rye from Westminster supports the picture of farming development. Unfortunately, the picture becomes unclear with the medieval period. This is a result of the increasing urbanisation; many species of plant are brought into the area, such as herbs and medicinal plants which do not grow locally. However, pollen from

such plants is deposited,

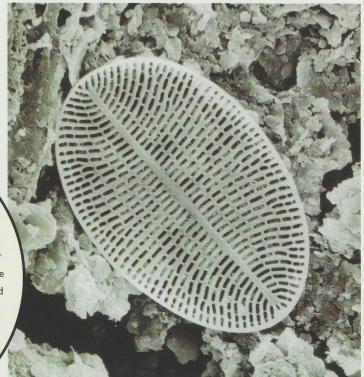
and it is very hard

to get a clear idea of the landscape. It is at this period that this project

will end.

## Diatom analysis

Samples are treated in much the same way as for pollen extraction: the diatom valves are from unicellular algae which live in water. Different species live in varying conditions, i.e. salt water or fresh water. The groups of species in each sample are used to establish what types of water were present, and so establish the relationship of the site to the Thames. This provides information on past tide levels which in turn indicates, for instance, how far upstream boats could have easily travelled.



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Newham Museum Service p35 (excavations at Stratford – tiled floor; drain), 36 (excavations at Stratford – visiting Cistercian monks; coffin burial; burial with chalice), 37 (deed of surrender of Stratford Langthorne Abbey; the Great Gate in 1731 by Francis Grose), 39 (Stratford viaduct in the early 19th century)

Westminster Abbey Library p7 (Norman Westminster reconstruction by Terry Ball) courtesy of the Dean and Chapter of Westminster

Nigel Cameron p43 (diatom)

JLE won the 1994/5 Business Commitment to the Environmental Management Systems award — of which archaeology was a major part.

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